



Motor Group

An informative, supportive and interactive program for parents/caregivers and children to experience, learn and practice increased range of motion, sustained movement and motor planning using occupational and music therapy based techniques.

Motor Group is a one and half hour long, weekly, 12 week program to assist with learning and practicing motor skills necessary for strengthening, sustaining and increasing gross and fine motor activity, relaxation; and offers a positive outlet for self-expression.

Program Goals:

- To **Educate & Support** parents/caregivers with information regarding their child's diagnosis, abilities and challenges.
- To **Coach & Advise** parents/caregivers on daily home based exercises necessary for increased strength and mobility of motor skills.
- To **Promote** relaxation, **Tension** release and **Increased** outlet for self-expression through pleasurable musical experiences.

Contact us at 628-3268 or info@ckfto.org